



Attrezzi utilizzati

Thera Band latexfrei
Circle
Foam roller
Miniball
Pilates Ballance® Togu
Pezziball
Medizinball
Flexi Bar®
X-co®
Flow Tonic®
Kurzband
Toningball
AIREX Balance
Pade Elite
Togu Jumper
Togu®Dynair XXL
Trampolin Bellicon
Arc Barrel
2013 Stability Chair